

Brief history of the Cleveland Stroke Club updated 4/28/19

based upon information found in an incomplete set of ReFocus Newsletters and Board Meeting Minutes
(some dates may be approximations)

General Meetings:

1974 (June) First meeting of the Cleveland Stroke Club; there were 50 members and guests
1974 (Nov. or Dec.) began holding meetings at the Euclid Avenue Christian Church, later changed to Disciples Christian Church
1987 Dave McClinton cooked for the stroke club
1988 Bill began cooking for the Stroke Club until 2002, then Dottie Norton for a few months then in 2003 Rita Perna started cooking for the Stroke Club until the end of 2017.
2018 to present we have Zagara's Catering prepare the meal (protein, starch and vegetable) and the members provide the salad, bread and dessert.

Caregiver Meetings:

1987-1998 began having Caregiver meetings at the Heart Association
1998-2002 caregiver meeting at the Somerset Pointe at Warrensville & Chagrin
2003 caregiver meetings a Benjamin Rose Place, later called Kindred Hospital, then Select Specialty Hospital in 2016.

Refocus

? Bill began the Refocus Newsletter
1991-1998 the Heart Association mailed our Refocus
1992-1993 Debbie Heath became the editor of the Refocus
2002 Saul Gobstein was the editor
2003-2016 Lu Higginbottom became the editor, along with Dottie Norton as coordinator
2014 Geri began coordinating the ReFocus
2016 Debbie Felt became the editor

Picnic

Late 1980s the first picnic was held at Joan of Arc Church in Chagrin Falls
1992 picnic at Euclid Avenue Christian Church
1995 picnic at Richmond Heights at the pavilion
2016 picnic at the Kiwanis Lodge at Richmond Heights
2017 picnic at Disciples Christian Church
2018 the picnic was held at the city of Independence, Community Center and Pavilion
2019 back at Independence

Anniversary Dinner

1992 anniversary dinner at the Wellington, Alpha Drive
1995 – 1998 Alexander's Restaurant, E. 222 & Lakeshore
2002 Anniversary dinner at the Holiday Inn, Wickliffe (Euclid Ave.?)
2003-2009 Anniversary dinner at the Holiday Inn, Rt. 84 & 271
2010 Sam started entertaining

2010 anniversary dinner at the Hilton, later called Double Tree
2016 - 2019 anniversary dinner at the Embassy Suites

Misc.

1987 – David Vaughn and his Seasonal Brass Ensemble first entertained us at our Holiday dinner in December

2013 our group picture

Deaths: Dezso Ladani 2013, James Barnett 2013, Tom Carney 2002, Wil Cheetham 2002, Henry Croft 1999, Bill Pitts 2014, Paul Fisher 2015, June Emmerson, Alice Ladanyi 2019,

Caregiver Group – no mention of the group as far back as Sept. 2002. In 2003 it was at the Somerset Nursing Home at Chagrin and Warrensville/Northfield Roads.

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